

St. Joan of Arc and Lakefront Wellness Center present...

"Understanding the Mind of the Middle Schooler"

- Changes in self esteem
- Hormone changes and the effect on the developing brain
- Gender differences in peer relationships

**First 45 minutes devoted to psycho-education.
Followed by a question and answer period from the
panel.**

Presenters



Stacy Hoag is a **Licensed Professional Counselor** with a unique background as a nanny which aids her work with parents, children, and adolescents.

Dr. Beth Johnson is the clinical director and founder of Lakefront Wellness Center. She oversees 13 clinicians and has a breadth of experience treating individuals, couples and families.



Panelists

Dr. Sonya Trueblood, Licensed Clinical Psychologist and child specialist.

Melinda Somogyi, Licensed Professional Counselor, psychologist candidate and child specialist.

Beth Paras, Licensed Professional Counselor and child specialist.



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April 9, 2014
6:30pm
Multi-Purpose Room

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Admission is FREE
&
Open to the Public